

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1</p> <p><u>LUNCH:</u> SALISBURY STEAK, WHIPPED POTATOES, MIXED VEGGIES BREAD, BANANA CREAM PIE <u>ALTERNATE:</u> ITALIAN SAUSAGE, EGG NOODLES, CORN <u>DINNER:</u> CHILI, SCALLOPED APPLES CORN BREAD, STRAWBERRY ICE CREAM <u>ALTERNATE:</u> TUNA SALAD SAND</p>	<p>2</p> <p><u>LUNCH:</u> ROAST CHICKEN, RICE PILAF, SLICED BEETS, DINNER ROLL, FROSTED CARROT CAKE <u>ALTERNATE:</u> FRUIT & COTTAGE CHEESE, ROLL, PICKLE SPEAR <u>DINNER:</u> HOT BEEF SANDWICH, MASHED POTATOES, BROILED TOMATO HALF, MANDARIN ORANGES <u>ALT:</u> CHICKEN APPLE SALAD CRACKERS</p>	<p>3</p> <p><u>LUNCH :</u> TOSSED SALAD, SPAGHETTI & MEATBALLS, WHITE BREAD, STRAWBERRY JELLO <u>ALTERNATE:</u> BAKED COD, HOME FRIED POTATOES, SPINACH <u>DINNER:</u> APPLE GINGER PORK CHOP, SWEET POTATOES, PEAS, DINNER ROLLS, BANANA <u>ALT:</u> BAKED HAM, WHIPPED POTATOES</p>	<p>4</p> <p><u>LUNCH:</u> COTTAGE CHEESE, APPLE BUTTER, BEEF STEW, BISCUIT TROPICAL FRUIT SALAD <u>ALTERNATE:</u> PORK RIB ON BUN PEAS & ONIONS <u>DINNER:</u> BROCCOLI CHEESE SOUP, CHILI DOG AND FRIES CHOCOLATE CHIP COOKIE <u>ALTERNATE:</u> CHEESE STEAK SANDWICH, TATER TOTS</p>
<p>5</p> <p><u>LUNCH:</u> ROAST TURKEY, STUFFING CRANBERRY SAUCE, WHIPPED SWEET POTATOES, MIXED VEGGIES, BLUEBERRY PIE <u>ALTERNATE:</u> CALIFORNIA QUICHE, CARROTS <u>DINNER:</u> CHICKEN GUMBO SOUP, MEATBALL SANDWICH, CHEESY MASHED POTATOES, PEARS, <u>ALTERNATE:</u> SEAFOOD & PASTA SALAD, WITH CRACKERS</p>	<p>6</p> <p><u>LUNCH:</u> SESAME PORK LOIN, RICE, BRUSSEL SPROUTS, WHITE BREAD, FRESH FRUIT CUP <u>ALTERNATE:</u> BRAISED BEEF TIPS, WHIPPED POTATOES, BROCCOLI <u>DINNER:</u> 3 BEAN SOUP, CHICKEN TENDERS, TATER TOTS, STRAWBERRY CREAM PIE <u>ALTERNATE:</u> TURKEY BURGER AND FRENCH FRIES</p>	<p>7</p> <p><u>LUNCH:</u> CHICKEN PARMESAN, SPAGHETTI, MARINARA, ITALIAN VEG, DINNER ROLL, VANILLA ICE CREAM <u>ALTERNATE:</u> HAM & CHEESE SAND, VEGGIE SOUP <u>DINNER:</u> JR HOAGIE, COLESLAW, CHEESE CURLS, APPLE BROWN BETTY <u>ALTERNATE:</u> TUNA SALAD SANDWICH, STEAMED BROCCOLI AND CAULIFLOWER</p>	<p>8</p> <p><u>LUNCH:</u> BEEF STROGANOFF, EGG NOODLES, PEAS, POUND CAKE <u>ALTERNATE:</u> CATCH OF THE DAY, YELLOW SQUASH <u>DINNER:</u> BEEF BARLEY SOUP, BBQ PORK RIB ON A BUN, MACARONI SALAD, PEACHES <u>ALTERNATE:</u> HOT MEATLOAF SANDWICH, CARROTS</p>	<p>9</p> <p><u>LUNCH:</u> BBQ CHICKEN GARLIC MASHED POTATOES, CREAMED SPINACH, FRUIT COCKTAIL, DINNER ROLL <u>ALTERNATE:</u> BEEF BURRITO, MEXICAN RICE , CORN <u>DINNER:</u> VEG SOUP, EGG SALAD SANDWICH, CAESAR SALAD, OATMEAL RAISIN COOKIE <u>ALTERNATE:</u> PIZZA BURGER SANDWICH</p>	<p>10</p> <p><u>LUNCH:</u> MAC & CHEESE, STEWED TOMATOES, BREAD, PEARS <u>ALTERNATE:</u> HOT TURKEY SANDWICH, WHIPPED POTATOES, HERB ROASTED VEG <u>DINNER:</u> TURKEY VEG SOUP, HAMBURGER W L/T, POTATO WEDGES, PINEAPPLE UPSIDE-DOWN CAKE <u>ALTERNATE:</u> COBB SALAD PLATE</p>	<p>11</p> <p><u>LUNCH:</u> ROTINI WITH MEATBALLS, ITALIAN MIXED VEGGIES, GARLIC BREAD PEACH COBBLER <u>ALTERNATE:</u> ROAST PORK CHOP, EGG NOODLES, SPINACH <u>DINNER:</u> TOMATO SOUP, CREAMY COLE SLAW, GRILLED CHEESE SAND, BROWNIE <u>ALT:</u> TURKEY CHILI, DINNER ROLL</p>
<p>12</p> <p><u>LUNCH:</u> BAKED HAM, GRAVY, BK. SWEET POTATO, CORN PUDDING, STRAWBERRY SHORTCAKE <u>ALTERNATE:</u> BAKED CHICKEN, BK. POTATO, GREEN BEANS <u>DINNER:</u> TURKEY RICE SOUP, HOT DOG W/BUN, BAKED BEANS, CHERRY JELLO WITH FRUIT COCKTAIL <u>ALTERNATE:</u> TUNA SALAD SANDWICH, PICKLE SPEAR</p>	<p>13</p> <p><u>LUNCH:</u> OVEN FRIED CHICKEN, POTATOES W/ GRAVY, MIXED VEGETABLES, WHITE BREAD, MIXED FRUIT CRISP <u>ALTERNATE:</u> TORTELLINI MARINARA, GARDEN VEGETABLE <u>DINNER:</u> BROCCOLI CHEESE SOUP, HAMBURGER ON BUN, WAFFLE FRIES, PEANUT BUTTER COOKIE <u>ALTERNATE:</u> DELI PLATTER</p>	<p>14</p> <p><u>LUNCH:</u> ZITI WITH VEGGIES, BROCCOLI FLORETS, DINNER ROLL, SNICKER DOODLE COOKIE <u>ALTERNATE:</u> CRAB CAKES , CARROTS <u>DINNER:</u> COLE SLAW, CHICKEN BREAST SANDWICH WITH HONEY MUSTARD, LETTUCE, TOMATO, BUTTERSOTCH PUDDING <u>ALTERNATE:</u> PIEROGIES W SAUTÉÉD ONIONS/PEPPERS, DINNER ROLL</p>	<p>15</p> <p><u>LUNCH:</u> HAM BBQ SANDWICH, RED POTATO SALAD, MIXED VEGGIES MARBLE CAKE <u>ALTERNATE:</u> VEAL PICATTA, MASHED POTATOES ASPARAGUS PIECES <u>DINNER:</u> CHICKEN VEGETABLE SOUP, SLOPPY JOE SANDWICH, TATER TOTS, FRESH MELON <u>ALTERNATE:</u> MACARONI & CHEESE, STEWED TOMATOES</p>	<p>16</p> <p><u>LUNCH:</u> OVEN ROASTED CHICKEN WITH THYME, EGG NOODLES, PEAS, LEMON MERINGUE PIE <u>ALTERNATE:</u> BEEF STEW <u>DINNER:</u> TOSSED SALAD, BAKED PASTA WITH SAUSAGE, GREEN BEANS, PEACHES <u>ALTERNATE:</u> HOT TURKEY SANDWICH, CORN</p>	<p>17</p> <p><u>LUNCH:</u> MEAT LOAF, WHIPPED POTATOES, SLICED CARROTS, ROLL LEMON PUDDING CAKE <u>ALTERNATE:</u> EGGPLANT PARM, BUTTERED NOODLES, MIXED VEGGIES <u>DINNER:</u> COLESLAW, ROAST TURKEY, STUFFING, MASHED POTATOES, GRAVY, GREEN BEANS, CRANBERRY SAUCE, PUMPKIN PIE <u>ALTERNATE :</u> BAKED HAM, WHIPPED SWEET POTATOES</p>	<p>18</p> <p><u>LUNCH:</u> GARDEN SALAD, CHEESE PIZZA <u>ALT:</u> CHEF SALAD WITH CRACKERS <u>DINNER:</u> TOMATO FLORENTINE SOUP, PATTY MELT, POTATO WEDGES, JELL-O CAKE <u>ALT:</u> CHEESE STUFFED SHELLS, ASPARAGUS CUT, ROLL</p>
<p>19</p> <p><u>LUNCH:</u> BEEF BRACIOLLE W/ GRAVY, WHIPPED POTATOES, SUCCOTASH, PUMPKIN PIE <u>ALT:</u> STUFFED SALMON, RICE, CAPRI MIXED VEGETABLES <u>DINNER:</u> CAESAR CHICKEN, RICE PILAF, BROCCOLI, CAUL, CARROTS, ORANGE SECTIONS <u>ALT:</u> ROAST BEEF SANDWICH, CORN</p>	<p>20</p> <p><u>LUNCH :</u> SAUSAGE SANDWICH W/ ONIONS & PEPPERS, ITALIAN VEGETABLES CHOCOLATE CHIP COOKIE <u>ALTERNATE:</u> CHICKEN A LA KING, NOODLES, SPINACH <u>DINNER:</u> TURKEY POT PIE, CARROTS, ROLL, PEARS <u>ALTERNATE:</u> HAMBURGER ON BUN, PICKLE SPEAR</p>	<p>21</p> <p><u>LUNCH:</u> LEMON PEPPER CHICKEN, O'BRIEN POTATOES, PEAS & ONIONS, BREAD, PINEAPPLE <u>ALTERNATE:</u> PORK CHOP, MASHED POTATO, YELLOW SQUASH <u>DINNER:</u> CREAM OF POTATO SOUP CHEESE STEAK SANDWICH, SEASONED POTATO WEDGES, DEVIL'S FOOD PUDDING CAKE <u>ALTERNATE:</u> DELI PLATTER, DINNER ROLL</p>	<p>22</p> <p><u>LUNCH :</u> BEEF BURGUNDY, EGG NOODLES, CORN, WHITE BREAD, CHOCOLATE PUDDING <u>ALTERNATE:</u> CRAB CAKES, ASPARAGUS PIECES <u>DINNER:</u> CHICKEN NOODLE SOUP, THREE BEAN SALAD, GRILLED HAM & SW. CHEESE, SANDWICH, VANILLA MOUSSE <u>ALTERNATE:</u> EGG SALAD SANDWICH, SLICED BEETS</p>	<p>23</p> <p><u>LUNCH:</u> ROAST TURKEY, STUFFING, WHIPPED POTATOES, GRAVY, CORN, CRANBERRY SAUCE, PUMPKIN PIE <u>ALTERNATE:</u> BAKED HAM, CANDIED YAMS, GREEN BEANS <u>DINNER:</u> MEAT LASAGNA, CALIFORNIA VEGETABLE, ITALIAN BREAD, FROSTED YELLOW CAKE, <u>ALTERNATE:</u> BAKED CHICKEN, WHIPPED POTATOES, PEAS</p>	<p>24</p> <p><u>LUNCH:</u> POTATO CRUSTED COD, PARSLEY RED POTATOES, CARROTS, APPLE CRISP <u>ALTERNATE:</u> CHEESE RAVIOLI <u>DINNER:</u> SHEPHERD'S PIE, MIXED VEGGIES, WHITE BREAD, FRUIT COCKTAIL <u>ALTERNATE:</u> TUNA NOODLE CASSEROLE, STEAMED BROCCOLI</p>	<p>25</p> <p><u>LUNCH:</u> CHICKEN & DUMPLINGS, BROCCOLI, TROPICAL FRUIT SALAD <u>ALTERNATE:</u> ORANGE GLAZED PORK, RICE, PEAS AND CARROTS <u>DINNER:</u> HAM GREEN BEANS & POTATOES CASSEROLE, CORN BREAD, CREAMY COLESLAW, APPLESAUCE BROWNIES <u>ALTERNATE:</u> TURKEY SAND ON BUN LETTUCE & TOMATO POTATO SALAD</p>
<p>26</p> <p><u>LUNCH:</u> YANKEE POT ROAST, AU GRATIN POTATOES, CARROTS, APPLE PIE <u>ALT:</u> TURKEY TETRAZZINI, BROILED TOMATO HALF <u>DINNER:</u> FRENCH ONION SOUP CHICKEN SALAD SANDWICH, PASTA SALAD, PEARS <u>ALT:</u> GRILLED CHEESE, MIXED GREEN SALAD</p>	<p>27</p> <p><u>LUNCH:</u> HAM POT PIE, BROCCOLI CUTS, DINNER ROLL, BREAD PUDDING <u>ALTERNATE:</u> OVEN FRIED COD, WHIPPED POTATOES, ZUCCHINI <u>DINNER:</u> MINESTRONE SOUP, TUNA SALAD SANDWICH, BEET SALAD, FRESH FRUIT <u>ALTERNATE:</u> BEEF STEW DINNER ROLL</p>	<p>28</p> <p><u>LUNCH:</u> PORK AND SAUERKRAUT WHIPPED POTATOES, BISCUIT YELLOW CAKE w/ ICING <u>ALTERNATE:</u> BAKED CHICKEN, BUTTERED PIEROGIES, PEAS <u>DINNER:</u> HAMBURGER W L/T, POTATO WEDGES, PICKLE SPEAR, HEAVENLY HASH SALAD <u>ALTERNATE:</u> CHEF SALAD W/CRACKERS</p>	<p>29</p> <p><u>LUNCH:</u> SPAGHETTI WITH MEAT SAUCE, TOSSED SALAD, WHITE BREAD STRAWBERRY MOUSSE <u>ALTERNATE:</u> CHICKEN SOUP, ITALIAN SUB, CHIPS OR CHEESE CURLS <u>DINNER:</u> TOMATO SOUP, GRILLED CHEESE SANDWICH, MACARONI SALAD, CHOCOLATE CREAM PIE <u>ALTERNATE:</u> PASTA PRIMAVERA, GREEN BEAN</p>	<p>30</p> <p><u>LUNCH :</u> STUFFED GREEN PEPPERS, CORN, WHITE BREAD, APPLESAUCE <u>ALTERNATE:</u> TURKEY BROCCOLI DIVAN, FRENCH CUT GREEN BEANS <u>DINNER:</u> CUCUMBER SALAD, NAVY BEAN SOUP, HAM SALAD SANDWICH, FRUITED GELATIN SALAD, <u>ALTERNATE:</u> TUNA SALAD, SANDWICH, LETTUCE & TOMATO</p>		